

College of Health

PLAN FOR FIRST-YEAR SUCCESS

Academic Advisors are here to serve you and guide you toward academic and professional success. Your advisor will meet with you each term your first year to guide you as you navigate college and work to reach your educational and career goals.

Meet the College of Health Office of Student Success team



Doris Cancel-Tirado
Associate Dean for Student
Services and Well-being



Gina Cavanaugh
Associate Head Advisor



Hilary Roman
Assistant Director of Career
Development



Gabbi Merales Zott
REAL & CATALYST
Program Coordinator



Allison Hagihara
Academic Advisor



Alyssa Dart
Academic Advisor



Andrew Mobbs
Academic Advisor



Greg Vaughn
Academic Advisor



Samhita Dixit
Academic Advisor



Susan Peterson
Academic Advisor



Zev Valancy
Academic Advisor

Talk to us

Advisors in the COH Office of
Student Success are available:

Monday–Friday
8 a.m.–5 p.m.

Women's Building Rm 105
541-737-8900

Schedule an appointment on
Beaver Hub or go to
[health.oregonstate.edu/
advising/appointment](http://health.oregonstate.edu/advising/appointment)

Our vision ...

Lifelong health
and well-being for
every person, family
and community in
Oregon and the world.

During your academic advising appointments you and your advisor will make course plans for the upcoming term(s), discuss opportunities and resources relevant to your goals, track your progress toward graduation, and check-in about academic performance or concerns.



**Quick
question?**
Call or email
a peer!

**Peer
advisors
can help
you ...**

- Schedule appointments
- Get involved in clubs and volunteer experiences
- Understand college and university rules and regulations
- Handle course and registration issues
- Review your resume and/or cover letter
- Find information on internships, MyDegrees, Scheduler and study abroad

- Email them at collegeofhealth.peer@oregonstate.edu
- or call 541-737-8900
- or find a peer in our office in Women's Building Room 105

Term At-A-Glance

Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8	Week 9	Week 10	Week 11
DROP ▶	Deadline is Sunday, 1st full week of the term									
ADD ▶	WITHOUT department approval. Deadline is Sunday, 1st full week of the term									
	ADD ▶	WITH department approval. Deadline is Sunday, 2nd full week of the term								
	W and S/U deadline ▶ End of Week 7 (see Academic Calendar)									
	Make appointment with advisor									
							REGISTER			
										FINALS

Drop/Withdrawal Deadlines

Refund ▶	100% by Sunday, 1st full week of the term									
	Refund ▶	50% by Sunday of Week 3								
		No refund through Week 7								
FULL WITHDRAWAL FROM THE TERM ▶ Deadline: 5 p.m. Friday, Week 10										

Note: This chart is for guidance only. Please see the Academic Calendar for specific dates. Check in with your advisor if you have questions about updating your schedule.

Get involved!

- American Society of Safety Professionals (ASSP)
- COH Peer Advisors
- Graduate Student Council
- HDFS Student Club
- Healthy Aging Club
- Institute of Health Improvement (IHI) Open School
- IMPACT
- KidSpirit
- Nutrition and Dietetics Club
- Pre-Therapy and Allied Health Club (PTAH)
- Student Public Health Association
- Society of Healthcare Executives (SHE)
- Society of Healthcare Administrators (SHA)
- Undergraduate Student Council
- Pre-Nursing Club
- YouthMappers

Majors

Human Development and Family Sciences
Kinesiology
Nutrition
Public Health

Minors

Environmental and Occupational Health
Exercise Physiology
Health Management and Policy
Human Development & Family Sciences
Nutrition
Public Health

Certificate

Aging Studies