ACADEMIC ADVISING | ENHANCING YOUR FIRST-YEAR EXPERIENCE

UNIVERSITY EXPLORATORY STUDIES PROGRAM



UESP 102 Waldo Hall Corvallis, OR 97331-6402

Website: uesp.oregonstate.edu

Appointments: Call 541-737-8144 or book online through https://beav.es/pUW

ADVISING FRAMEWORK

UESP Mission

UESP is the academic home for undecided/exploratory students at Oregon State University. The mission of UESP is to provide academic advising and major and career exploration assistance to undergraduates, both new and transitional, who wish to investigate the educational opportunities available at OSU. In accordance with OSU's mission, we strive to enhance the OSU learning environment for our students.

The UESP advisors aim to assist students in making well-informed decisions regarding degree programs and course selection, obtaining accurate information regarding academic programs of study, making connections with academic college head advising offices, assessing career goals in relation to interests, skills and values and accessing other sources of assistance and student support provided by OSU.

UESP Advising Team

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See more information about our team at: https://beav.es/pUW



UESP Advising Outcomes

- Per the university requirement, UESP students should complete the First Year Skills courses (Writing I, Speech, and Mathematics) in the Baccalaureate Core by the time they have earned 45 OSU-generated credits, and the Second Year Skills course (Writing II) by the time they have finished 90 OSU-generated credits.
- UESP students should know how to access and utilize MyDegrees, OSU's online degree audit system.
- 3. UESP students should engage with active exploration activities and resources.
- 4. UESP students should pursue involvement outside of the classroom.
- UESP students should set goals related to major declaration in alignment with UESP's defined major– decision making process.

In UESP, we believe in exploration, and we also believe there are benefits to being declared. We DON'T want you to fall behind in your degree progress. That is why we want you to be active in your exploration process. Once you start with UESP, we give you 4 full terms (not including summers) before you need to declare a major. Read more about **Explore in 4** at

http://uesp.oregonstate.edu/explore-4



What Happens in UESP Advising Appointments?

You are welcome to meet with your UESP advisor as frequently as you need, but we do require a mandatory face-to-face advising appointment at least once a term to help you to examine current experiences, plan for future ones and move forward on deciding on a major. This appointment should occur prior to your registration for the next term. You should plan on scheduling this 30-minute appointment between weeks 4 and 8 each term if possible. When scheduling, it is best to initiate contact no later than the end of week 5, so you can be assured to get in prior to your priority registration date. You receive your registration pin during this appointment.

During appointments, you may...

- Discuss what you like and dislike about your courses and reflect on your learning thus far.
- Discuss intentional exploration activities that could help you move forward with your major decision-making.
- Discuss campus or online resources that might support any academic or personal concerns/challenges you
 have faced.
- Revisit the degree components (**Bacc Core**, major requirements, etc.) and discuss the implications of that towards your next term course possibilities.
- Review the "tools" related to exploration and degree progress (MyDegrees, Online Catalog, etc.)
- Refine or develop a list of potential courses (including any necessary **First- & Second-Year Skills Requirement** courses for the upcoming term) and get a registration pin
- Discuss **co-curricular/experiential education** participation and opportunities, as your advisor may have suggestions for out-of-classroom involvement related to your interests.

